

Quest Food Management

000790 - entree corn dog 4oz : nslp	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: serving	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
901943 corn dog chicken 4oz large 210323...	50 each	Thawing Instructions TAKE OUT AMOUNT YOU NEED FROM THE FREEZER, THAW COMPLETELY UNDER REFRIGERATION FOR 24 HOURS Basic Preparation FROZEN: FRY - NOT RECOMMENDED CONVECTION OVEN - 350F DEGREES FOR 24-27 MINUTES. QTY: FULL PAN. CONVENTIONAL OVEN - 350 F FOR 34-36 MINUTES. QTY: FULL PAN. MICROWAVE (1100 WATTS): HIGH 75-85 SECONDS. QTY: 2 THAWED: FRY: 350F FOR 4-5 MINUTES. QTY: 3 CONVECTION OVEN: 350F FOR 14-17 MINUTES. QTY: FULL PAN CONVENTIONAL OVEN: 350F FOR 24-26 MINUTES.

*Nutrients are based upon 1 Portion Size (serving)

Calories	280 kcal	Cholesterol	35 mg	Protein	10.00 g	Calcium	150.00 mg	45.00%	Calories from Total Fat
Total Fat	14.00 g	Sodium	930 mg	Vitamin A	0.0 RE	Iron	2.70 mg	16.07%	Calories from Saturated Fat
Saturated Fat	5.00 g	Carbohydrates	30.00 g	Vitamin A	0.0 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.0 mg	Ash ¹	0.00 g	42.86%	Calories from Carbohydrates
								14.29%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values